

## **EXPERIENCES** AND TRAUMA

**MARCH 28, 2020 BWC MISSION CENTER** 

Brought to you by Retreat & Camping Ministries and the BWC Wellness & Missions Team

## PROVIDING UNDERSTANDING, SUPPORT AND HEALING FOR CHILDREN EXPERIENCING ADVERSITY AND TRAUMA

This workshop will explore the evidence based research on the long term physical and mental health implications of Adverse Childhood Experiences (ACEs), toxic stress and trauma. Participants will become knowledgeable about the terminology of childhood trauma, and how trauma impacts social, emotional development.

Instead of adults asking the question, about a child's behavior, "why did they do that?" or "what is wrong with that child" participants will learn the importance of the question, "What happened to the child, what is their story?" The importance of adult "buffers", and trauma responsive healing techniques and strategies will be addressed in this experiential workshop.

## **Facilitators:**

Dr. Cynthia Greer,

Associate Professor of Counseling and Education, Trinity Washington University, Washington, D.C.

Dr. Luane Oprea,

Assistant Professor of Counseling/Clinical Mental Health, Trinity Washington University, Washington, D.C.

Dr. Diane Reese,

Assistant Professor of Counseling/School Counseling, Trinity Washington University, Washington, D.C. Location: BWC Mission Center 11711 East Market Place Fulton, MD 20759

Date: March 28, 2020

Time: 9:00am - 4:00pm

Cost: Free (Lunch included)

Space limited to 50 people

Regsiter for free at: https://tinyurl.com/vjyjf4l

For more information contact Chris Schlieckert at director@westrivercenter.org or 410-867-0991

www.bwccampsandretreats.com





