

# #HowWhitesSupportBlackLives

## EDUCATE

- Read *The New Jim Crow* by Michelle Alexander
- Read *White Fragility* by Robin DiAngelo
- Watch *12 Years A Slave* based on the memoir of Solomon Northup
- Listen to *What's Going On* by Marvin Gaye
- Reflect on art by Kara Walker

## EMPATHIZE

- Listen to Black Americans' experiences, remembering you have not walked in their shoes
- Respect Black Americans' opinions/experiences even when you don't agree with them on everything
- Think about the racist actions and/or words you have committed, uttered, or been party to
- Try and imagine what it would be like to be a Black American as you continue to educate yourself

## DISCUSS

- Racism (both individual and systemic)
- White bias and privilege
- Institutionalized discrimination
- Ways to breakdown and dismantle systemic racism
- How to contribute to equity, parity, and inclusionary systems/practices

## SUPPORT

- Black-owned businesses every Friday, whether online or in person — make every Friday “Black Friday” — and post your support on social media
- By searching for professional opportunities to support and work with Black businesses
- Black Americans’ equitable access to employment (and wealth creation)
- Engage in nonprofits and for-profits focused on Black communities—education, health, economics, legal systems, politics, culture, etc.

## **SPEAK**

- **Condemn racist statements, slurs, and jokes**
- **Vocalize your displeasure in the face of injustice**
- **Share truths that honor the humanity of Black Americans**
- **Remember silence IS violence**

## **REMEMBER**

- **To acknowledge your human frailty**
- **Racism and prejudices are learned and yet not easily unlearned – it will require work**
- **To forgive yourself as you continue to put in the effort to make positive changes**
- **Biologically, the human species is 99.9% identical – “race” is a human construct**
- **Do not argue with people who do not want to have an open and honest dialogue**
- **To share #HowWhiteSupportBlackLives with everyone**

\*This is in no way an exhaustive list of all that can be done but only a beginning to how Whites support Black lives.

## Statistics: Why Whites Should Support Black Lives

### US POPULATION



### LEGAL SYSTEM

LENGTH OF SENTENCING TIME  
FOR THE SAME CRIME  
BLACK AMERICAN MALES

**20.7%**

HIGHER THAN WHITE AMERICANS

HOMICIDES BY POLICE  
BLACK AMERICANS

**22**  
DEATHS

WHITE AMERICANS

**7**  
DEATHS

PER 1 MILLION

INCARCERATION RATES

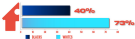


■ BLACK AMERICANS  
- 1 OUT OF 12 BLACK AMERICANS ARE INCARCERATED

■ WHITE AMERICANS  
- 1 OUT OF 104 WHITE AMERICANS ARE INCARCERATED  
WHICH IS 3 TIMES LESS OFTEN

# ECONOMIC

## HOME OWNERSHIP



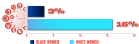
## MEDIAN HOUSEHOLD INCOME



## EMPLOYMENT APPLICATIONS



## WOMEN IN TECH



# HEALTHCARE

## EMERGENCY ROOM WAIT TIMES



## HEART DISEASE DEATHS PER 100,000



## PREGNANCY RELATED MORTALITY RATES PER 100,000



# EDUCATION

## MALE COLLEGE GRADUATES



## STUDENT ILLEGAL DRUG USE



## DISCIPLINE FOR THE SAME OFFENSE



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