

CELEBRATE LIFE !

Caring | Connecting | Supporting

AIDS Survivor Syndrome

"AIDS Survivor Syndrome" describes the spectrum of sustained trauma survivorship. It's a psychological state that manifest in some from living through HIV/AIDS Pandemic. Especially vulnerable are people who became HIV+ in the 80s & 90s when HIV was considered a terminal diagnosis. For more info see: www.thebody.com/content/80843/aids-survivor-syndrome-its-real.html

Honoring Rev Hil Langrall

The lord called home Nov. 12, 2018 days before his 92nd birthday Navy Veteran Rev Hil Langrall. We honor him for his many years of dedicated service as our former QOL Retreats Board Chair. Hil spent 35 yrs of his life serving 9 different UMC in the DC area. He offered pastoral services during the 80's at the height of the HIV crisis at WWC.



2019

QOL Launches our New Webpage: www.bwcumc.org/qlr.

QOL Retreats with the support of BWC communications and connectional ministries staff, is pleased to announce the launch of our 21st century webpage ! Now you can peruse the site and learn more about us and our ministries.

We now have our 2019 Retreat Application available on this site. Participants wishing to attend a Retreat can now complete the forms online, print it and mail it with a \$20 money order 3 months prior to the selected Retreat. Our process for receiving and processing applications shall remain the same.





Upcoming 2019 Events:

- Jan 19: QOL Board Meeting; BWCC - Wesley Chapel
- April 8-11: Women's Retreat; Washington Retreat House
- April 27: QOL Board Meeting; via Zoom
- May 29 -June 1: Exhibit Table BW Annual Conference; Baltimore, MD.
- June 22: Frederick Pride; Carroll Creek Park, Frederick, MD.
- June 29: Swim for Life Fundraiser; Chestertown, MD.
- July 13: Hagerstown Hopes; Hagerstown, MD.
- July 20: QOL Board Meeting/ Picnic; BWCC - Strawbridge Room
- Sept 5-8: Fall Retreat; Manidokan Retreat Center
- Nov 16: QOL Board Meeting; BWCC -Wesley Chapel
- Dec 2-5: Winter Retreat; Washington Retreat House

2019 QOL HONORS

Linden-Linthicum UMC



We honor and offer sincere thanks to Linden-Linthicum UMC for years of faithful support of our vision and mission. We are grateful for LLUMC's Outreach Committee that provides guidance for this aspect of their ministry. LLUMC Pastor Gayle Annis-Forder was among the first clergy volunteers to serve at QOL not only at our beginning (1988) but also throughout our 30 years. LLUMC's support is extensive and reflects congregation-wide participation: generous monetary gifts; volunteers at retreats; snacks; beverages; health kits; handmade blankets; art/crafts supplies; and knitted prayer shawls. The church has hosted QLR Board Meetings and hosted a symposium entitled "Stigma and Discrimination: Having a Purpose and Making a Difference in HIV in Your Community" to which they extended an invitation to all churches in Howard County, MD. LLUMC has been instrumental in sharing with the broader community the work and ministry of QOL Retreats and the vital role we serve within the BWC HIV Community. Loretta Anders, a member at LLUMC, not only has served in many roles on the QLR Board and as a staff member at retreats for over 15 years, but also has engaged her church and greater community at every opportunity to emphasize the importance of spiritual support for people living with HIV. It was our joy to celebrate Loretta in 2015 with the QLR Award of Distinctive Appreciation in honor of the spirit through which she has volunteered years of service to our HIV Community.

Sponsor a Retreat Scholarship in 2019

Are you, as an individual, church, or organization seeking a way to support QOL Retreats? A tax-deductible gift of a Retreat Scholarship would be a tangible way to help our dedicated volunteer Board raise the funding required to support our three annual retreats. Participants pay a nominal \$20 fee to attend a 3-4 day retreat. Each Retreat cost \$8,000 - \$10,000. per Retreat. Your sponsorship of a Retreat Scholarship would make all the difference as we enter our 31st year of retreat ministry.