

Youth Leader Retreat

March 20-22, 2020

"I will refresh the weary and satisfy the faint."

- Jeremiah 31:25

Refresh

AT CAMP MANIDOKAN

Working in youth ministry can be incredibly rewarding but just as equally challenging. Whether your youth group has 10 people or 100 people, or whether you are brand new to youth ministry or a veteran youth leader, it is vital to take time to rest and reset so that you and your ministry can grow.

Join youth workers from across the BWC for a weekend to REFRESH. Attendees will spend a weekend at Camp Manidokan for worship, training, intentional reflection, and restoration. Youth and Family Ministry experts from Ministry Architects will lead the weekend alongside fellow BWC youth leaders.

Cost: \$225 per person

Registration cost includes lodging on site (shared rooms), and meals.

FRIDAY

7:00 pm Check-in
8:00 pm Refresh: Starting Right
Welcome & Get to Know You
Ministering to the Whole
Family - What is it?
The Youth Leader's Life &
Challenges
Discussion Groups: Your
Hope for the Weekend
Prayer

SATURDAY

8:45 am Morning Devotions
9:30 am Exploring Identity, Belonging,
and Purpose
11 am Discussion Groups
12:15 pm Lunch
1:30 pm Personal Retreat
3:30 pm Afternoon Activity
5:30 pm Dinner
6:30 pm Workshops
8:00 pm Navigating Mental Health
9:15 pm Discussion Groups
10 pm Evening Activities

SUNDAY

8:45 am Morning Devotions
9:30 am Workshops
10:30 am Break
10:45 am Going Home Refreshed
Building Action Steps
Keeping Our Focus on Jesus
12 pm Sending Forth
12:15 pm Lunch

bwcumc.org/refresh

SESSION DESCRIPTIONS:

Ministering to the Whole Family

We all know that youth ministry is often so much more than just providing engaging programs and environments for teens. We certainly want to help youth take their next steps in their faith, but in order to give them the best chance to grow and thrive, we have to add another piece to the equation. Family life has such an influence on what a teen thinks and believes, and we as the church have to figure out how we can step into ministering to the whole family, not just the teen. We'll talk about this shift in ministry philosophy and identify practical ways to help youth through helping their family.

Personal Retreat

During this time you will have a guided devotion that will help you evaluate a few things about your life and ministry and set your eyes on where God wants to take you in the future. It will be a great opportunity to stop and reflect on your priorities and the steps you can take to grow.

LOCATION:

CAMP MANIDOKAN
1600 HARPERS FERRY RD
KNOXVILLE, MD US 21758

CONTACT:

Cheryl Cook
ccook@bwcmc.org

REGISTER:

bwcmc.org/refresh



Young People's
Ministry

The Youth Leader's Life and Challenges

Life is full of challenges, and ministry is no exception. We frequently step into difficult situations and circumstances, both personally and with the youth we lead. How do we stay grounded and rely on our belief that God is always with us in our challenges?

Christianity: Platform or Practice

How do we engage relevant, cultural topics with teens without pushing them away or putting them off?

Keeping Our Focus on Jesus

Often when we go home from events like this we have a lot to think about but we're not quite sure how to put it all into practice. We'll talk about some steps to both put some new things into practice as well as make sure we are keeping our focus in the right place.

Helping Families Navigate Mental Health

As we continue to discover more and more about the state of mental health in our country, we know that this is a conversation that the church must be a part of. How do we help kids, teens, and families navigate the many issues that surround this subject? We'll have a conversation around what the church can and should do to help families deal with these real and difficult situations.

Exploring Identity, Belonging, and Purpose

As they grow up, every kid and teen is asking a few questions that revolve around their identity, belonging, and purpose. They long to have peace about these questions and step into who God has created them to be. As the church, we are uniquely positioned to help youth navigate these important questions and lead them to healthy answers.

Bags: Helping Our Kids Lighten the Load

As we move through life, we all seem to pack some type of emotional baggage. You know about these bags. Sometimes these bags are big, heavy, and extremely hard to carry. They get packed in a variety of different ways by a lot of different people throughout our lives. These bags can have a tremendous impact on our emotional, spiritual, and relational health. As youth leaders, is there a way for us to help the teens in our care to NOT pack these bags? What if we knew the common bags that kids tend to pack as they grow up? Could we work to steer them away from packing and carrying these bags that will cause them grief and pain in the future? I believe we can.

